

Child Care Health Consultation Lesson Plan

Contractor Name: Department Standardized Training

Date Submitted: August 19, 2014

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
Select one standard and one level	<input type="checkbox"/> Promoting Risk Management Practices	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input checked="" type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

Title: Supporting children of divorce in child care settings

Training Goal: Child Care providers will acquire knowledge about the effects on divorce to children in their care and strategies to support the children as they adjust

Learning Objective(s): Participants will:

- Gain knowledge about stages of divorce and the effects of these stages on children
- Be able to identify changes in children's behavior that could be due to the situation at home
- Acquire skills to plan for changes in the child's routine regarding child care arrangements
- Identify ways to communicate with parents regarding the children
- Identify activities that may help children express feelings positively

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introductions, welcome	Discussion	5 min
Concepts about divorce: <ul style="list-style-type: none"> In any child care setting, it is likely that you will have children from divorced families Each divorce situation is different How much a child knows will vary Different aged children react differently The divorce itself may not be the only change the children will have to adapt to 	Lecture/power point / discussion	20 min
The importance of this issue to child care providers: <ul style="list-style-type: none"> You see the children every day and can help parents notice if a child's demeanor or mood changes You can help the children feel like they have a secure place to be that is not changed by the divorce As a provider, you will need to know about legal arrangements and changes to the child's schedule/instructions 	Lecture/power point / discussion	20 min
Tips on talking to children about divorce / Activities to help children express feelings	Lecture/power point / discussion	20 min
Wrap up and evaluation; optional handouts for resources		5 min Total training time: 1 hour

Method(s) of Outcome Evaluation: Group discussion and participation;

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APPROVED FOR ONE (1) CLOCK HOUR

Date Approved:
August 19, 2014

Authorized Approval Signature:



Date Expires:
August 2017